

# How to make an

# "ATC-enveloppebook"



#### How to make an ATC-enveloppebook

### **material** :

🖸 2 pieces of cardboard (2 mm à 2,5 mm dik) van 8 cm / 10,8 cm

paper for the outside of your bookcovers : 2 x 11 / 14 cm

paper for the inside of your bookcovers : 2 x 7,5 / 10,3 cm

15 ATC enveloppes (made with the diecut of l Tim Holtz) (possible to replace with minienveloppes

a piece of paper (180 à 200 gr): 10 cm hoog / 30 cm breed

punchtemplate from sturdy paper: 10 cm / 3 cm

awl of embroidery needle

lath, pencil en scoringpen of score-pal

embroidery needle

sturdy sewingthread

🔲 4 ribbons : 12 cm long en between 8 mm en 1,8 mm wide ( in harmony or in contrast

with the paper of your covers)

**bookbindinglue** 

🔲 kraftknife, selfhealing mat, lath,...

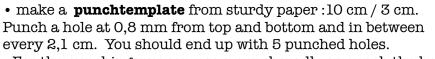
#### workingmethod :

#### • spine for the enveloppes

- take a piece of sturdy paper from 10 cm / 30 cm
- draw at 2 cm from the beginning and end of the spine
- a line and between each cm and score these

or

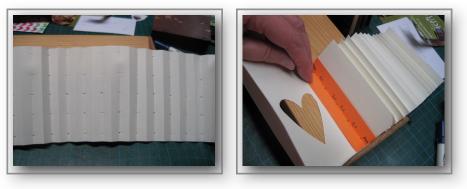
- $\bullet$  make a score at 2 cm and 28 cm with the score pal and score every 1 cm.
- make an accordeonfold starting with a valleyfold
- make a complete accordeonfolded spine.



• For the punching you can use a punchcradle or punch the holes by lying the paper flat and punch.

• put the punchtemplate in the first valleyfold of your harmonica and punch all the holes.

• Repeat for all the valleyfoldes.



• Also punch your enveloppes : fold the enveloppe open keeping the frontside of the enveloope on your left and punch holes in the right side of the fold.

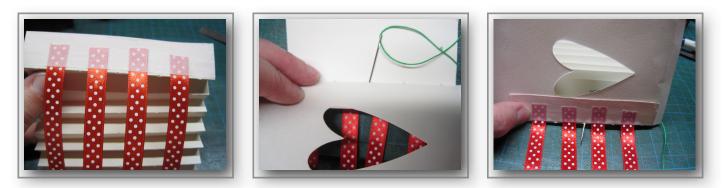




#### • preparation for the sewing and sewing the enveloppes in the spine.

• Take your harmonicaspine

 $\bullet$  On the first 2 cm on the back of your spine tape the ribbons with painterstape so the ribbons don't move.



• the ribbons are between the punched holes.

- take a piece of sturdy sewingthread 1,5 X the hight of your enveloppe.
- $\bullet$  push your needle with the thread through the middlest hole of the enveloppe and the first valleyfold.

• come outside with your needle and push the needle in the first hole on the left. Take care you go OVER the ribbon with your thread.

• back inside the enveloppe you go left with your needle and then back outside through the enveloppe and the spine.

• This way you sew the enveloppe on the spine with a up-and down stitch : the **pampletstitch**.

• After sewing through the 5 holes you come back in the middle on the inside. Made a knot above the middlest hole.







• Take a second enveloppe and sew this with the same pampletstitch to the spine. Take care you sew over the ribons when you come outside the spine with your needle and go back inside the next hole with your thread.

• Push the fold next to the previous one so the harmonica is closed.

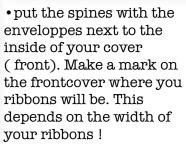
• continue sewing all the enveloppes to the spine. To make it easier for yourself, use a clip to hold the already sewed enveloppes together until all the enveloppes are sewed.



• Push the harmonicaspine as close together as you want it yourself. Remember you will put ATC's in there, maybe embellished with 3D stuff, so give them a bit of space not pushing the spine to tight.

### attaching the spine with enveloppes to the cardboard covers.

- cover your covers of your ATC book with paper to choice (handmade paper, selfdecorated paper, Italian paper,...) and make the covers as you do with covers of a book
- If your paper is rather thick ( for example : painted with paint), you can put a piece of paper between the pieces of paper of the covers that you see on the inside of the cover. This way you avoid seeing the rims of the paper when you put the inside paper on. ( this is a nicer finish)



• repeat this for the inside of the backcover.

• cut away some of the cardstocklayers where the ribbons will come. The depth is the depth of your ribbons, lengt is 2 cm.

• This way you won't see your ribbons once your glue the inside paper on top of the covers.

• glue the ribbons with bookbindingglue to the covers on front and back in the cut out spaces.

• let this dry thoroughly.

•glue the piece of paper of 2 cm from the beginning and end of the spine with bookbindinglue on top of these ribbons on the covers.

• By doing this your bookblock is adhered sturdy to your covers.

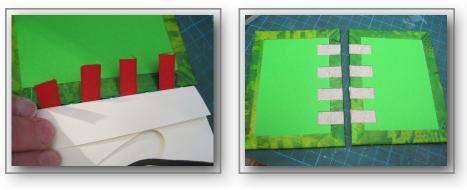




• Finish the inside of the covers with a piece of decorative paper : 7,5 cm / 10, 3 cm.

• Finished !!





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